

Teach Us to Pray

worksheet #6

theoverflowing.com

What you'll need:

- ▶ Something to write with
- ▶ Printout of this worksheet or a notepad or journal
- ▶ A Bible

If you haven't yet, read through my blog post
"Teach Us to Pray: Deliver Us"
at www.theoverflowing.com/blog/teach-us-to-pray-deliver-us

When You Are Tempted:

- ▶ Read 1 Corinthians 10:13, Hebrews 2:18 and James 4:7
- ▶ What are the promises in these verses?

- ▶ Read 2 Corinthians 11:14, Titus 3:3 and James 1:13-15
- ▶ Give some examples of how wrong is distorted to look good and why it is tempting.

A Way Out:

- ▶ Read Psalm 119:9-11, 2 Timothy 3:16 and 1 John 2:14
- ▶ How does God's Word help in resisting temptation? How has it helped you?
- ▶ Pick a verse to memorize and quote when you are tempted.

- ▶ Galatians 5:13-26
- ▶ How does the Holy Spirit empower you to resist temptation?
- ▶ Spend some time praying thanking God for the freedom He has given you through His Spirit and asking Him to help you live by His Spirit.
